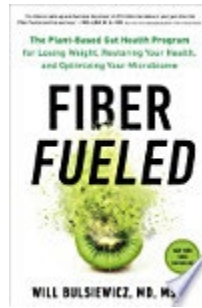


Health Advisory Team Update



THE FUTURE OF MEDICINE IS AVAILABLE TO US NOW:

The medical establishment in general may not yet practice life-style medicine, but many doctors are. The book Fiber Fueled is written by one such M.D. He went to med school at Georgetown School of Medicine, trained in medicine at Northwestern Memorial Hospital and gastroenterology at The University of North Carolina Hospitals, got his Master of Science in Clinical Investigation (MSCI) from Northwestern University and a certificate in nutrition from Cornell University. He's board-certified in internal medicine and gastroenterology and an expert in digestive diseases and the gut.

If you are interested in healing and longevity, check out the information on the Fiber Fueled website below.

<https://theplantfedgut.com/>

Your Healthy Advisory Team,

Danna Park, Kay Garner, and Mary Hawkins